

Prescription for Herbal Healing, 2nd Edition: An Easy-to-Use A-to-Z Reference to Hundreds of Common Disorders and Their Herbal Remedies - 2012 - Phyllis A. Balch CNC, Stacey Bell - 9781101580059 - Penguin, 2012 - 656 pages

It is easy to use with ailments in alphabetical order and multiple herbal remedies listed for each one. Each list of herbal remedies explains how each herb works and under what conditions not to use those herbs. Following the lists is an explanation of when, where, and how to use the herbs. When my husband's doctor refused to work with us on finding more natural remedies to alleviate the diarrhea his multiple medications were causing as side effects, we resorted to this book and have successfully eased the problem. I use it now to find healthful, natural, organic ways to find resolutions ...

If you like to read about healing herbs and their uses this is the book for you. Read more. 10 people found this helpful. Prescription for Nutritional Healing, Fifth Edition: A Practical A-to-Z Reference to Drug-Free by Phyllis Balch Paperback £14.92. Only 10 left in stock (more on the way). Sent from and sold by Amazon. 5.0 out of 5 stars If you like to read about healing herbs and their uses this 21 July 2017 - Published on Amazon.com. Format: Paperback|Verified Purchase. I almost wore out the first edition . If you like to read about healing herbs and their uses this is the book for you. Read more. 2 people found this helpful. An Easy-to-Use A-to-Z Reference to Hundreds of Common Disorders and Their Herbal Remedies. An Easy-to-Use A-to-Z Reference to Hundreds of Common Disorders and Their Herbal Remedies. By Phyllis A. Balch CNC and Stacey Bell. By Phyllis A. Balch CNC and Stacey Bell. Millions of Americans are turning to herbal therapies to heal what ails them-either as an alternative or as a supplement to traditional medicine. From the most trusted name in natural healing, Phyllis A. Balch's new edition of Prescription for Herbal Healing provides the most current research and comprehensive facts in an easy-to-read A- to-Z format, including Buy other books like Prescription for Herbal Healing, 2nd Edition. The Incredible Journey of Plants. Stefano Mancuso.