Their proper term is Extraordinary Ministers of Holy Communion. They do not minister at the liturgy, but their sole function is to distribute Holy Communion under certain conditions.

The REQUIREMENTS FOR EXTRAORDINARY MINISTERS OF HOLY COMMUNION are as follows: 1. Practicing Catholic having received the Sacraments of Baptism, Confirmation, Penance and Eucharist. It is also useful to arrange for a glass of water for the person receiving and guide the water to the communicant’s mouth. If an EMHC brings Communion to someone after a Sunday or a Daily Mass: The EMHC comes immediately to the rail closest to the priests’ sacristy after Mass and waits for the Deacon. Start by marking Guide for Extraordinary Ministers of Holy Communion (Liturgical Ministry Series) as Want to Read: Want to Read saving… Want to Read.

Appropriate for training new extraordinary ministers or for updating experienced ones, this book may be used by individuals or groups. It conveys the latest teachings of the Catholic Church, gives sound advice for dealing with the practical everyday challenges of parish liturgies and nurtures spiritual growth in the minister. In addition to practical, theological and spiritual instruction, you’ll find frequently asked questions, advice...