Seth Joshua had prayed for four years for God to raise up an instrument either from the plow or the mines who would be used in the hands of the Almighty to bring the once religious principality of Wales back to its God. The spiritual condition was very low, and attendance at the house of God was poor. It was time for him to work. But God used a man who was willing to give up his lunch hour to prayer, to draw His people close to Him before one of the worst wars in our country’s history. Jeremiah Lanphier was just an ordinary man. He worked as a clothing wholesaler in New York City. Book Overview. “Prayer can be a difficult topic to write about, since trying to explain it is something like trying to pin down a butterfly. The more you seek to capture it, the more it wants to escape. In the end, what happens in prayer is incommunicable, as it happens privately, between one person and God.” --from the Introduction by James Martin, SJ Prayer is our conversation with God. It is also at the heart of Ignatian spirituality. Understanding the practice Read Full Overview.