Blood Chemistry and CBC Analysis: Clinical Laboratory Testing from a Functional Perspective

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Blood chemistry and complete blood count analysis is often limited to comparing a test result with the conventional laboratory reference range to see whether or not the patient’s results are normal, abnormal, or fit into a particular disease pattern. In Blood Chemistry and CBC Analysis: Clinical Laboratory Testing from a Functional Perspective, Ferguson and Weatherby present another method of analysis based on a functional perspective, focusing on optimal physiological function as a marker of health, rather than the presence of pathology as a marker of disease.

This book offers a wealth of information regarding interpretation of blood chemistry and CBC results. The authors use a set of icons to alert the reader to clinical implications, interpretations, or topics that might be naturopathic or allopathic in origin. The icons also alert the reader to topics related to drugs or medications, as well as laboratory results that would constitute a medical emergency or require a referral to a specialist.

The book covers each item found on standard chemistry screens and complete blood counts and offers valuable background information pertaining to the test, followed by its conventional laboratory, optimal, and alarm ranges. In addition, clinical indications, interfering factors, and related tests are discussed for each item.

The information in this book is easily accessible. Reference ranges and clinical patterns or trends are presented within well-organized charts. However, a thorough reading of the text in each section fosters a deeper understanding of the laboratory tests and how they relate to the dynamic and interconnected functions within the human body. Integrating this method of blood chemistry analysis will help identify nutritional and metabolic deficiencies as well as potential organ dysfunction in patients considered “normal” based on conventional laboratory reference ranges.
A complete blood count (CBC), also known as a full blood count (FBC), is a set of medical laboratory tests that provide information about the cells in a person’s blood. The CBC indicates the counts of white blood cells, red blood cells and platelets, the concentration of hemoglobin, and the hematocrit (the volume percentage of red blood cells). The red blood cell indices, which indicate the average size and hemoglobin content of red blood cells, are also reported, and a white blood cell differential.

His bestselling book “Blood Chemistry and CBC Analysis – Clinical Laboratory testing from a Functional Perspective” has become one of the seminal texts on the Functional Analysis of blood test results. He also created a “Blood Chemistry Software” program to make it easier for healthcare practitioners to extract functional and nutritional information from their patients’ blood tests and to give them a powerful analytical reporting tool to use with their patients.