God Finds Us: An Experience of the Spiritual Exercises of St. Ignatius Loyola Jim Manney Loyola Press, 2013 9780829438284 96 pages

The Spiritual Exercises of Saint Ignatius by St. Ignatius of Loyola Paperback $27.84. Ships from and sold by ShopSpell USA. Customers who viewed this item also viewed.

Timothy Gallagher's books. I would also suggest keeping the original text of the Spiritual Exercises by St. Ignatius close at hand as well. This book is not a substitute for the primary source, but it brings the text down to the level of a modern reader and for a person who is perhaps a step beyond the very beginning and into a mid-level range of growth. It could also be adapted for your own needs—you can spend more time in certain areas, if you prefer. The author encourages flexibility. I have worked in a journal format and will go back and review and summarize sections to gain more ins In God Finds Us, author Jim Manney makes the Spiritual Exercises more accessible than ever by revealing his inner monologue of thoughts while he did the Exercises and giving everyday, relevant examples of sin, discernment, and meditating on the love of God. A clear and practical account of what the Spiritual Exercises of St Ignatius of Loyola involved, this slim book also helped to set right some of my preconceptions and expectations as to what I might experience when I decide to undertake it for myself. Preemptively thought-provoking and definitely worth re-reading. Derived mostly from St. Ignatius' conversion experiences in 1521-3, Spiritual Exercises has provided guidance and encouragement to its readers for several hundred years. The aim of Spiritual Exercises is to assist people in finding God's will for their life, and to give them the motivation and courage to follow that will. It is not a continuous piece of writing, but more like a program of sorts, containing a collection of thoughts, rules, encouragement-ments, readings, meditations, prayers, warnings, and notes. Nevertheless the condensed writing is organized into four "weeks," The Spiritual Exercises of Ignatius of Loyola (Latin original: Exercitia spiritualia), composed 1522â€”1524, are a set of Christian meditations, contemplations, and prayers written by Ignatius of Loyola, a 16th-century Spanish priest, theologian, and founder of the Society of Jesus (Jesuits). Divided into four thematic "weeks" of variable length, they are designed to be carried out over a period of 28 to 30 days. They were composed with the intention of helping participants in religious retreats to In God Finds Us, author Jim Manney makes the Spiritual Exercises more accessible than ever by revealing his inner monologue of thoughts while he did the Exercises and giving everyday, relevant examples of sin, discernment, and meditating on the love of God. In his previous book, A Simple, Life-Changing Prayer, Manney presented the daily Examen to readers in a way that made them feel empowered to make it a part of their regular prayer life. Now he offers God Finds Us to share his experiences of making the Spiritual Exercises in a down-to-earth, accessible narrative. Manney includes pertinent