Digestive diseases are disorders of the digestive tract, which is sometimes called the gastrointestinal (GI) tract. In digestion, food and drink are broken down into small parts (called nutrients) that the body can absorb and use as energy and building blocks for cells. The digestive tract is made up of the esophagus (food tube), stomach, large and small intestines, liver, pancreas, and the gallbladder. Information. The first sign of problems in the digestive tract often includes one or more of the following symptoms: Bleeding. Bloating. Handbook of Digestive Diseases provides clinical information essential to the management of various digestive disorders in a handy, quick reference format. This concise, yet complete resource offers practical tips for treatment, as well as common errors to avoid, based on digestive complaints and symptoms. While other books list management options, this reference includes actual decision-making processes. This unique characteristic, along with the inclusion of generic and brand name products and their dosage, enables physicians to efficiently diagnose and treat an array of ailments. The author invites any comments or criticisms of the book that you might have. Review: "A great addition to every gastroenterology (GI) group library. While other books list management options, this reference includes actual decision-making processes. This unique characteristic, along with the inclusion of generic and brand name products and their dosage, enables physicians to efficiently diagnose and treat an array of ailments." — Kuldeep Tagore, Practical Gasteroenterology. "The author succeeded in achieving his goal of providing a wealth of knowledge and a practical guide to diagnostic approaches and therapeutic strategies in gastroenterology." — Houssam E. Mardini, MD, MPH, Doody Enterprises, Inc. About the Author. Currently serves as Professor of Medicine and Director, Division of Digestive Diseases at the University of Mississippi Medical Center in Jackson, Mississippi. In addition to an active involvement in patient care and research, he also serves as the Program Director for the Gastroenterology Fellowship Program.