Explore My Emotions & Activity Book. US Department of Health and Human Services. Categories: Age 2-5 Years, Age 6-9 years, All FKB Books, Children, Colouring, Emotions, Grade 1 to Grade 3. A beautiful colouring book for children to learn about emotions. Provided from the US Department of Health and Human Services. Introduction to Explore My Emotions Every day, children are reaching new milestones in their development. A child’s social and emotional wellness is very important to each of these milestones in their growth. Being able to share is jealous, how are Reviews (4). Hard copy Books About Emotions and Feelings. Full Disclosure: This post contains affiliate links. General. The Feelings Book by Todd Parr is colorful and reassuring that we all have feelings and are validated to do so. In My Heart: A Book of Feelings by Jo Witek is uniquely illustrated with die-cut pages showcasing all the feelings that are deep in our heart from happy to sad. Many times colors are associated with feelings such as yellow for happy and blue for sadness. The Color Monster: A Story About Emotions by Anna Llenas helps a jumbled monster sort out his feelings and understand each one better. Students will easily be able to identify with the little one illustrating each feeling. EXTRA BONUS: Creating a Birthday Book Reading Box. How Are You Peeling? The Emotions and the Will by Alexander Bain. The Emotions and the Will. Alexander Bain. The generally admitted but vaguely conceived doctrine of the connexion between mind and body has been throughout discussed definitely. In treating of the Emotions, I include whatever is known of the physical embodiment of each. The Natural History Method, adopted in deli nesting the Sensations, is continued in the Treatise on the Emotions. The first chapter is devoted to Emotion in general; after which the individual kinds are classified and discussed; separate chapters being assigned to the Esthetic Emotions arising on the contemplation of Beauty in Nature and Art and to the Ethical, or The book’s title is ìThe Emotions and the Will,î but the book is more about the mind and its control over our affective life.î In Bain’s treatment of this subject, it was unclear how mental, volitional and affective components relate to each other. Feelings are divided into sensations and emotions, but that distinction is not always clear. Sensations are pleasure and pain reactions, b I read the third edition of this book, published originally in 1875 (and reprinted in 2005 by Elibron Classics). The book’s title is ìThe Emotions and the Will,î but the book is more about the mind and its control...